



May 2012

\$2.50 Donation, age 60 and older

\$5.32 Guests under 60

To access ingredient content, please call Site Manager

Monday	Tuesday	Wednesday	Thursday	Friday
<p>LS Alt=Low Sodium Alternate</p> <p>LCS Alt=Low Concentrated Sweet Alternate</p> <p>(These items must be ordered in advance)</p>	<p>1</p> <p>Parmesan Chicken Whipped Sweet Potatoes Sweet and Sour Cabbage Assorted Rolls Peaches and Pears</p>	<p>2</p> <p>Beef Spaghetti Sauce over Noodles Green Beans Garlic Texas Bread Banana</p>	<p>3</p> <p>BBQ Beef on Bun Mixed Vegetables Hot Spiced Apples Butterscotch Pudding/ LCS alt: Diet Vanilla Pudding</p>	<p>4</p> <p>Honey Mustard Chicken Scalloped Potatoes Broccoli Assorted Rolls Cinnamon Cake/LCS alt: Cookies</p>
<p>7</p> <p>Sloppy Joe with Cheese on Bun Hot German Potato Salad Peas and Carrots Oatmeal Cookie/LCS alt: Cookies</p>	<p>8</p> <p>Turkey Breast with Gravy Mashed Spiced Yams Cream Style Corn Wheat Roll Chocolate Pudding/LCS alt: Vanilla Pudding</p>	<p>9</p> <p>Chef Salad/LS alt: Chef Salad (no ham) Macaroni Salad Strawberry Muffin Fruit Cocktail</p>	<p>10</p> <p>BBQ Rib Patty/alt: BBQ Chicken Breast Macaroni and Cheese Lima Beans Wheat Bread Mandarin Oranges</p> 	<p>11 <u>Mother's Day Meal</u> Pork Roast with Tomato Basil Sauce Brown Rice Italian Vegetables Potato Roll Banana</p>
<p>14</p> <p>Orange Glazed Chicken Parsley Potatoes Capri Vegetables Wheat Roll Pineapple Tidbits</p>	<p>15</p> <p>Senior Day at Tam O'Shanter Dining Site Closed</p>	<p>16</p> <p>Sweet and Sour Pork/ Alt: Sweet and Sour Chicken Rice Japanese Vegetables Cornbread Fortune Cookie</p>	<p>17</p> <p>Veal Parmesan Oven Roasted Potatoes California Vegetables Wheat Roll Fresh Orange</p>	<p>18</p> <p>Meatloaf with Brown Gravy Whipped Potatoes Spinach Assorted Rolls Sugar Cookie/ LCS alt: Cookie</p>
<p>21</p> <p>Smoked Sausage on Bun/ alt: Breaded Chicken Patty on Bun Baked Potato Applesauce Grape Juice</p>	<p>22</p> <p>Potato Crusted Fish Rice Pilaf Broccoli Rye Bread Pineapple and Mandarin Oranges</p>	<p>23</p> <p>Beef Tips with Gravy Kluski Noodles Mixed Vegetables Potato Roll Sliced Pears Milk</p>	<p>24</p> <p>Chicken and Rice Casserole Lima Beans Hot Peaches Wheat Bread Pineapple Pudding/LCS alt: Vanilla Pudding</p>	<p>25 <u>Memorial Day Meal</u> Mushroom and Swiss Cheeseburger on Bun Baked Beans Hot German Potato Salad Spice Cake/LCS: Diet Cake</p>
<p>30 Memorial Day-Closed</p> 	<p>29</p> <p>Parmesan Chicken Whipped Sweet Potatoes Sweet and Sour Cabbage Assorted Rolls Peaches and Pears</p>	<p>30</p> <p>Beef Spaghetti Sauce over Noodles Green Beans Garlic Texas Bread Banana</p>	<p>31</p> <p>BBQ Beef on Bun Mixed Vegetables Hot Spiced Apples Butterscotch Pudding/ LCS alt: Diet Vanilla Pudding</p>	